

BRIAN DOBSON & METROFLEX GYM *present*
2009 NAS Southwest Regional Championship
NORTH AMERICAN STRONGMAN
in conjunction with the
2009 SW USA SPORTS & FITNESS EXPO

(North American Strongman Inc. Membership Required of all Contestants)

PROMOTER: Brian Dobson

DATE: June 27, 2009

LOCATION: Arlington Convention Center
1200 Ballpark Way Arlington TX 76011 817 459 5000

EVENT TIME: 10:00am Arlington Convention Center

FRIDAY WEIGH -IN: June 26th Noon-6:00 pm at: Metroflex Gym
2921 S. Cooper Street, #109 Arlington, Texas 76015

SATURDAY WEIGH-IN: June 27th 8:30am - 9:30 am the day of the contest at
Arlington Convention Center

RULES: Rules meeting at 9:30 am day of contest at Convention Center

DIVISIONS: LW Open (Under 200), MW Open (201-265), HW Open (266+),
Masters Open

EVENTS: Log Clean and Press for Reps
Yoke/ Farmers Medley
Arm-Over-Arm Pull
Max Deadlift
Stone Over Bar for Reps

AWARDS: Prizes 1st through 3rd each division

ENTRY FEES: \$65.00

ENTRY DEADLINE: June 12, 2009

HOTEL INFO: Sheraton Arlington
1500 Convention Center Drive Arlington, TX 76011
(817) 548-2812
(Mention Southwest USA for room discount)
You can book your room directly from the web site

SW USA EXPO www.visionstarinc.com

MAKE ALL CHECKS PAYABLE TO:

Brian Dobson
C/O Metroflex Gym
2921 South Cooper Street, #109
Arlington, Texas 76015
817.465.9331
brian@metroflexgym.com

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, and my assignees, waive and release all rights and damages I may have against Brian Dobson, Ashley Wirt, Arlington Convention Center, SW USA Sports & Fitness EXPO, Vision Star Entertainment Inc, Ed Pariso, Betty Pariso, Scott Templton, Dollamur, NPC and any Event or Organization and or staff of the SW USA Fitness EXPO, to include the North American Strongman, Inc, American Strongman Corp. Willie or Dione Wessels, Expo, any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the Southwest Regional Championships 2009 and its related events, I hereby grant **NAS INC.**, and/or any other approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at anytime in connection therewith. Nothing contained herein shall be deemed to obligate **NAS INC.**, and/or any other approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that **NAS INC.** and/or any other approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to **NAS INC.** and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

NAME: _____ AGE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ DATE OF BIRTH: _____

EMAIL: _____

DIVISION: _____ WEIGHT CLASS _____ HEIGHT: _____

SIGNATURE: _____

(PARENT OR GUARDIAN SIGNATURE REQUIRED IF CONTESTANT IS UNDER 18 YEARS OF AGE)